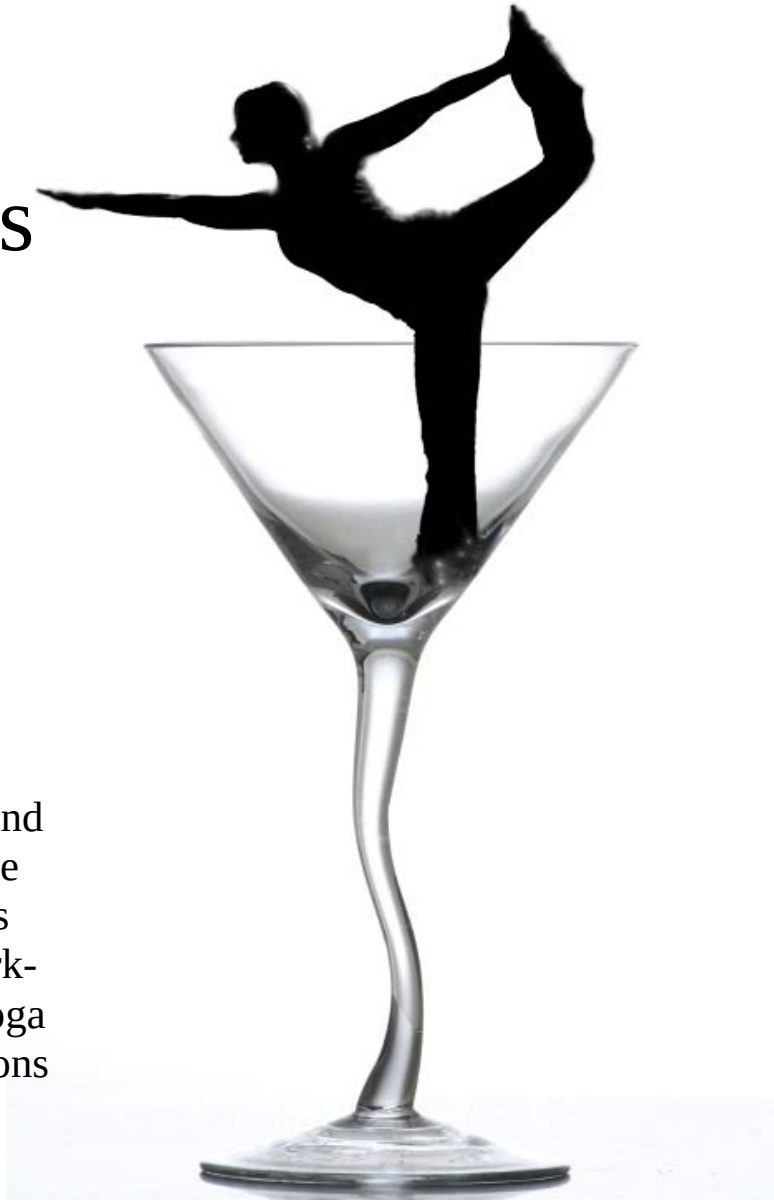
Happy Hour
POWER YOGA

Join us after work on

Mondays at 5:15
at Atlanta Wellness

Drop in for only:

$5



Skip the after work drink on Mondays and choose a healthy way to spend your five dollars! Relax, breathe, let go of stress while getting an awesome full body work-out! All levels are welcome but some yoga experience and knowledge of modifications is recommended.

Atlanta Wellness in Hamilton Mill Station
2108 Teron Trace Suite 200 Dacula, GA 30019 678-318-8039
See our full schedule at www.atlwellness.com